



11th Edition

Hearing & Audiology Newsletter



IN FOCUS

I'm very pleased with the hearing aids supplied by Hearing & Audiology. I find they help me a lot when I go dancing, which is about 5 days a week. They greatly help me indeed. For roughly 10 years I've been getting very good service at Hearing & Audiology. I'm sure everybody else who's had service from here are satisfied too.

Mr Bruce Straiton, Mt Hawthorn, WA

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Keep up to date on the latest news and events at hearingandaudiology.com.au



Free Services

If you have a **pension card** you may be eligible for **free hearing services** from the government. If you, or someone you know, has a pension card you simply need to contact Hearing & Audiology and we can organise for a form to be posted to you. You then need it signed by your GP and returned to us, and we will take care of the rest.

Unitron Upgradable Hearing Aids

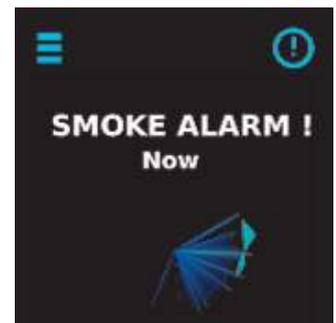
If you wear Unitron hearing aids and are having difficulty hearing and participating in conversation when in noise, an upgrade in technology could be suitable for you. An upgrade trial is available, so you can try the advanced technology and see if you feel there is any added benefit. With an upgrade in technology, the hearing aids are better able to suppress the noise that makes conversation difficult to hear. You will also be able to use streaming capabilities, if you don't already, to allow the TV, Phone and distant voices to be streamed directly into your hearing aids. This takes away the strain and frustration of trying to hear clearly. If this is something you are interested in, call us on 9388 8003 to book in with a clinician to discuss a trial upgrade.

Hearing Loss and Dementia

A study at Johns Hopkins Medicine has found that seniors with hearing loss are more likely to develop dementia than those with normal hearing. It was found that those with more hearing loss had a greater chance of developing dementia. This could be related to the fact that although the brain shrinks with aging, the rate at which it shrinks accelerates with hearing loss. The areas impacted by this are those for processing speech and sound, as well as memory and sensory input. The study also gives some urgency to treating hearing loss rather than ignoring it. "If you want to **address hearing loss** well, you want to do it **sooner rather than later.**" This means that if you require hearing aids you should be wearing both of them everyday. For further reading, see the articles linked on our website.

Latest Gadget

OtoSense is a new App available for Smartphones and Tablets that can alert you to important sounds you may have trouble hearing, such as the doorbell and smoke alarms. This App is currently free during its launch. For more information google OtoSense or follow the link on our website.



For ongoing updates on the latest technology please go to our website:

Hearing begins... right here!

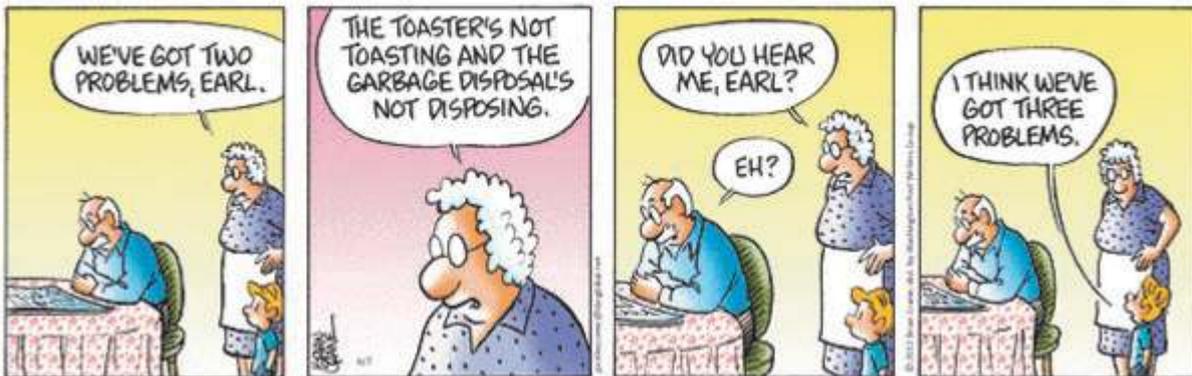
Phonak Telephone

Phonak has released a new cordless telephone which is making phone conversation much more fluent for those who have been struggling. The phone looks like a regular phone, but is actually much more powerful, transmitting sound to both ears simultaneously by Bluetooth, reducing noise and maximising understanding. The phone includes a booster mode for those moments when you are not wearing your hearing aids and you hold the phone in a regular manner. Family members without a hearing loss can use the Phonak phone just like a regular phone.



Hearing Humour

Pickles by Brian Crane



Appointments can be made
online at
hearingandaudiology.com.au

HEARING AND AUDIOLOGY NEWS

After 15 years of service, Glenyse has enjoyed a well earned break. She took some time to visit family in Singapore and travel through Europe. She thoroughly enjoyed her travels, returning with a relaxed smile. She has not yet started planning her next adventure.

We know it's a little ahead of time, but just to let you know we will be closing for the Christmas and New Year period on December 24th at midday. We will be re-opening on Monday January 5th. We wish you all a safe and happy holiday.



Are You Cleaning Your Aids?

It is important to regularly clean your aids to help keep them giving you the fullest sound possible, as well as lasting longer. Your aids can easily get blocked up with wax, skin oil and dust. If this happens the sound of your aids may become unclear and lose its crispness.

Make sure you wipe your aids and moulds with a tissue every time you take them out. This will remove any oil and wax residue as well as obvious bits of wax.

Use your cleaning brush to wipe away any wax bits that may get stuck in the little holes in your mould, dome or tip. This should be done at least once a week.

If you need any help with this, just make an appointment or pop by to see Julie or Jenny at reception.

SUBIACO: Unit 36, Crossways Centre, Cnr Bagot & Rokeby Roads
DUNCRAIG: Glengarry Shopping Centre, Shop 11/59 Arnisdale Road
GERALDTON: Panaceum Group, 233 Lester Ave
KARRATHA: visiting Pilbara Health Network, Sharpe Avenue

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